

Gary G. Kaihara, D.D.S.
Benjamin O. Watkins, III, D.D.S.

2440 M Street, NW, Suite 610 6845 Elm Street, Suite 475
Washington, DC 20037 McLean, VA 22101
P (202) 466-3333 P (703)356-3556
F (202) 466-4155 F (703)356-3804

PERSONALIZED SMILE EVALUATION

Name: _____ Age: _____ Today's Date: _____

Hold a full face mirror about 12 inches from your face. Smile to show your teeth. Take the time to observe your teeth and gums carefully. Then answer the following questions. Your answers will allow us to design a smile improvement plan to help you obtain the smile you've always wanted.

1. Do you like the appearance of your teeth or your overall smile? Yes No If not, why not?

2. Do you have spaces between your teeth that bother you? Yes No
Are these spaces changing? Yes No If yes, any comments?

3. If your teeth are crooked or crowded, does that bother you? Yes No If yes, any comments?

4. Do you feel that your teeth are protruding? Yes No If yes, any comments?

5. Do you like the color of your teeth? Yes No If not, why not?

6. Do you like the size and shape of your teeth? Yes No If not, why not?

7. Have you ever had periodontal care? Yes No Orthodontic care? Yes No

8. How many times have you had your teeth cleaned in the last five years? _____
When was the last time? _____

9. Are you aware of clenching or grinding your teeth? Yes No

Do you wear a nightguard? Yes No

10. Have you ever had a bad experience in the dental office? Yes No If yes, please explain:

11. Is there anything that concerns you about cosmetic treatment of the teeth or gums?

Yes No If yes, what? _____

12. Do you show too much gum when you smile? Yes No

Does it bother you? Yes No

13. Are you aware of any gum or bone disease in your mouth? Yes No

Does it bother you? Yes No

14. Did any of your relatives lose their teeth due to gum or bone disease? Yes No

If yes, who? _____

15. Have you ever experienced any of the following?

- | | | |
|---|---|--|
| <input type="checkbox"/> bleeding gums | <input type="checkbox"/> pus around the teeth | <input type="checkbox"/> foul odor |
| <input type="checkbox"/> swelling gums | <input type="checkbox"/> loose teeth | <input type="checkbox"/> bad breath or bad taste |
| <input type="checkbox"/> pain or soreness | <input type="checkbox"/> spaces between teeth | <input type="checkbox"/> food packing |
| <input type="checkbox"/> receding gums | <input type="checkbox"/> drifting of teeth | <input type="checkbox"/> high or rough fillings |

16. Do you have gum recession? Yes No If so, is it changing? Yes No

If yes, where? _____

17. If your smile was improved, would you feel more confident? Yes No If yes, how?

18. What would you like to change about the appearance of your teeth and smile?

19. In general, how do you feel about your smile?

20. Overall, how would you like your teeth to look?

Patient Signature: _____